

cannot distribute medication to minors.

## Domestic/U.S.

| Tra                  | vel & Important Documents   |
|----------------------|---|
|                      | Find the address for the housing location in your MyMission account and don't forget the charger for your phone or GPS. Note: In rural locations, you may also want to print directions as cellular data can be unreliable on back roads. |
|                      | Update your arrival time on your MyMission account so the EM field staff will know when to expect you. $ \\$  |
|                      | Set a luggage limit for team members so you will have enough space for everyone.  |
| Parent Communication |   |
|                      | Remind parents of drop-off and pick-up times.   |
|                      | Give parents any relevant emergency contact numbers.  |
|                      | Print a list of parent / guardian contact details to save for your own use, if needed.  |
| Me                   | dical   |
|                      | Have a list of any allergies or medical conditions on your team. Note: Please also make sure you have notified EM of these concerns through your MyMission account at least 30 days before your trip begins.                              |
|                      | Consider bringing a team medkit and over-the-counter medications (i.e. Tylenol, ibuprofen, allergy relief). FM will provide a basic medkit for each vehicle or worksite but   |

